

# CATALOG



Leading  
**Manufacturer &  
Exporter** of  
**Himalayan Salt**  
Products



Pakistan Origin

[www.phgsalt.com](http://www.phgsalt.com)



**PHG** International Ltd Co. is a leading manufacturer and exporter of the Himalayan Salt Products. We strives to offer authentic, Natural & Premium quality Himalayan Salt Products Globally. We focus & care your Himalayan Salt needs ranging from Edible Salt, to Decoration, Health & Bath Line.



# HOME DECOR PRODUCTS

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**HOME DECOR PRODUCTS**

# **HIMALAYAN SALT LAMP**

DECORATE YOUR HOME

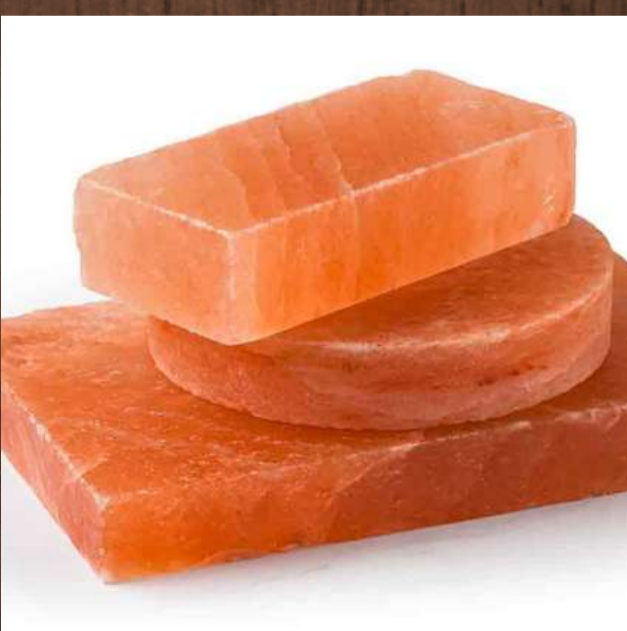
**3 COLOURS**



# OUR BEST PRODUCTS

"Savor the Spectrum: Pure, Pink, White, Black – Elevate Every Taste with PHG Himalayan Salts & Lamps"

## LAND OF SALT



*Variety of Salt & Taste*

# OUR BEST PRODUCTS



## PINK HIMALAYAN SALT

PHG International's Himalayan salt is a fantastic choice for your health and culinary needs. Sourced directly from the Himalayan mountains, this salt is not only a flavorful addition to your meals but also brings potential health benefits due to its rich mineral content. Carefully crafted for purity and quality, it ensures that you get the best from nature for your kitchen.



## BLACK SALT

Black salt is also referred to as Kala Namak salt, which is a type of rock salt that is harvested from volcanic rock salt from the Himalayas, usually Pakistan. This salt is rich in iron, magnesium, and calcium, as well as a few other trace elements. Black salt has a very pungent odor and flavor and is therefore used in small quantities. This salt is a great flavor enhancer and it is best used in dishes that have a strong flavor and aroma, such as curry, spicy dishes, pickles, and salads.



## Table Salt

### (IODIZE WHITE SALT)

PHG International's white iodized salt stands out as a top-quality product. Meticulously refined for purity and texture, it enriches meals with essential iodine, supporting thyroid health. This premium salt ensures the highest standards, making it a reliable choice for both culinary use and nutritional needs.



## PINK HIMALAYAN SALT VARIETY OF LAMPS & DECOR

PHG offers variety of Pink Himalayan Natural Crystal Salt Lamp & other Decoration Items that glow your place with naturally purify the air and make your environment relax. It helps your sleep better & breath well. These Lamps naturally crafted & extract from the heart of Himalayan Mountains direct to your home. While scientific evidence is limited, many users appreciate these lamps for their aesthetic appeal and potential well-being effects.



## PINK HIMALAYAN SALT TILES/BRICKS & KITCHEN ITEMS

Pink Himalayan salt bricks, tiles, and kitchen items not only add a touch of natural beauty to your space but also offer unique benefits. These salt products are known for their potential to purify the air, create a serene ambiance, and impart a subtle salty flavor to food when used as cooking surfaces. The minerals present in the salt can add a distinctive taste to dishes, making it a favorite among culinary enthusiasts. Beyond functionality, the soft pink glow emitted by these items contributes to a warm and inviting atmosphere, making them a stylish and health-conscious choice for both kitchen decor and practical use.



## PINK HIMALAYAN SALT COARSE & CRYSTAL ROCKS

Pink Himalayan **crystal** salt rocks, whether in coarse form for culinary use or bath salt, offer versatile benefits. As bath salt, they can promote relaxation, ease muscle tension, and potentially improve skin health due to their mineral-rich composition. For culinary purposes, the coarse salt enhances flavors, providing a unique taste profile while also offering trace minerals beneficial for health. These natural salt forms are an excellent addition to both the kitchen and self-care routine, catering to a range of well-being and culinary needs.

# LAMPS & DECOR



Variety Of Design 



## NATURAL LAMPS

All Design

Weight 1- 25 KG | W15 | 220V

 ASK FOR PRICE



## GLOBE LAMPS

All Design

Weight 1- 10 KG | W15 | 220V

 ASK FOR PRICE



## PYALA BALLS

All Design

Weight 2- 10 KG | W15 | 220V

 ASK FOR PRICE



## PYALA CRYSTALS

All Design

Weight 2- 10 KG | W15 | 220V

 ASK FOR PRICE



## DIAMOND LAMPS

All Design

Weight 1- 10 KG | W15 | 220V

 ASK FOR PRICE



## FOOT DETOX

All Design

Weight 3- 10 KG | W15 | 220V

 ASK FOR PRICE



## WHITE NATURAL

All Design

Weight 1- 25 KG | W15 | 220V

 ASK FOR PRICE



## COOKING SLAB / PLATE

All Design

Weight 2- 10 KG

 ASK FOR PRICE



## BLACK NATURAL

All Design

Weight 1- 15 KG | W15 | 220V

 ASK FOR PRICE

# PINK HIMALAYAN SALT LAMPS & DECOR



## VARIETY OF PREMIUM HIMALAYAN DECORATION





# PINK HIMALAYAN SALT LAMPS & DECOR



## ELECTRIC FITTING



Australia



America



Europe



on/off switch



England



Southeast Asia



USB plug



Dimmer Switch

# HIMALAYAN EDIBLE SALT



## NATURAL EDIBLE COOKING SALT



# PINK HIMALAYAN SALT



## COARSE SALT - BATH SALT - SAND SALT

**PHG INTERNATIONAL** offers Pink bath salt, pink sand salt, and pink coarse salt with numerous benefits due to their rich mineral content, including detoxification, relaxation, and skin nourishment. Their quality lies in their natural purity and unique pink hue, sourced from pristine environments such as the Himalayas or ancient sea beds. These salts are prized for their ability to enhance bath experiences, exfoliate skin, and add a touch of luxury to culinary endeavors, making them versatile and valuable additions to self-care routines and culinary creations alike. Mostly use in sauna, bath, spa & for many other different purposes.



## EDIBLE PINK SALT - TABLE SALT

**PHG INTERNATIONAL** offers quality of Pink Himalayan table salt boasts a myriad of health benefits, including its rich mineral content which can help balance electrolytes, regulate hydration, and promote proper pH balance in the body. Its quality lies in its purity, as it is sourced from Himalayas and contains trace elements essential for well-being. Renowned for its delicate flavor and beautiful pink hue, Pink Himalayan salt adds a touch of elegance to any dish while offering health-conscious consumers a natural alternative to conventional table salt.

# WHITE MINE SALT

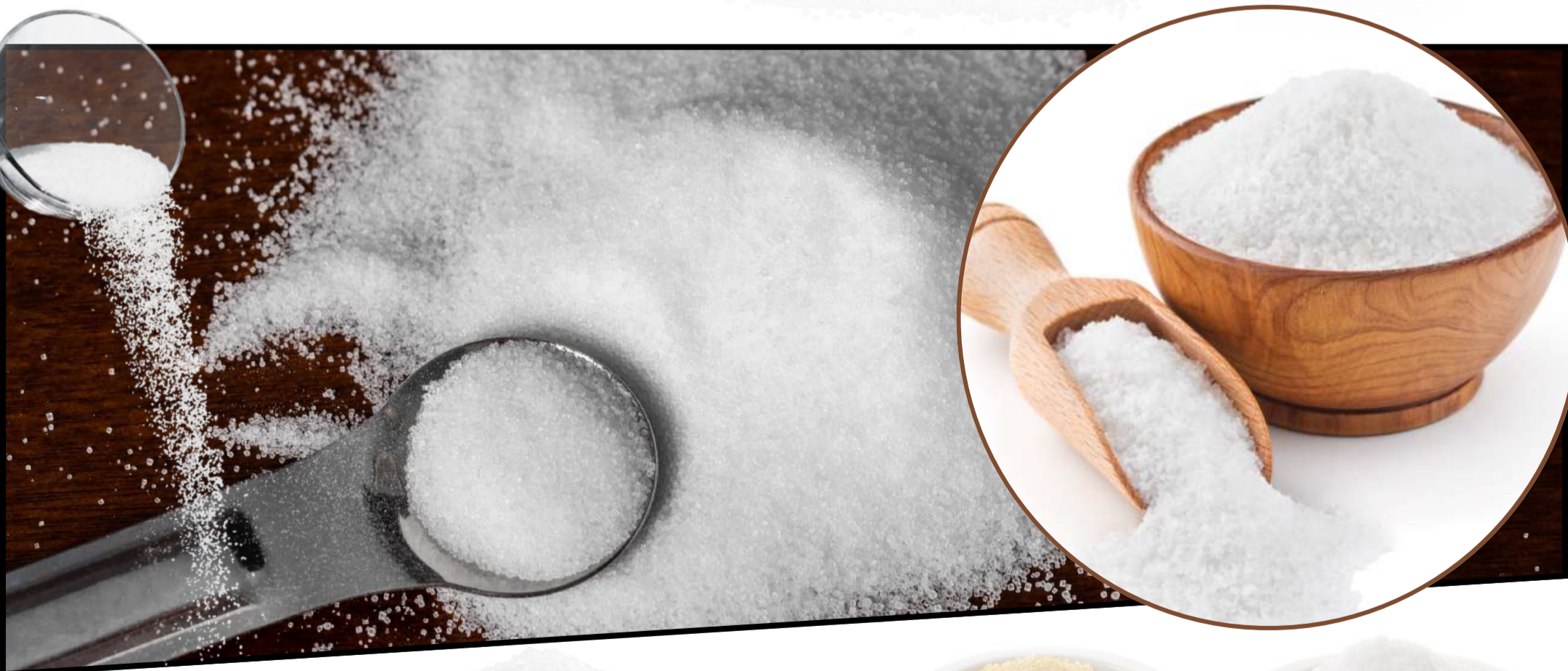


## WHITE MINE SALT



### COARSE SALT - BATH SALT - CRYSTAL SALT

PHG INTERNATIONAL offers White coarse salt, bath salt, and crystal/rock salt. offer various benefits and versatile uses. Coarse salt is ideal for seasoning and preserving food, while also serving as an effective exfoliant in skincare routines. Bath salt, often infused with essential oils, provides relaxation and muscle relief in baths, promoting detoxification and soothing skin. White salt, directly sourced from ancient Pakistani mines, boasts exceptional purity and rarity, hailing from one of the largest salt mines globally.



### EDIBLE WHITE SALT - IODIZED TABLE SALT

PHG INTERNATIONAL offers quality of White iodized salt, sourced directly from the world's largest salt mine, offers unparalleled purity and health benefits due to its iodine fortification. Widely used in homes for cooking and seasoning, it helps prevent iodine deficiency disorders and supports thyroid function, making it an essential addition to daily meals.

# BLACK SALT (KALA NAMAK)



## BLACK SALT (KALA NAMAK)



### COARSE SALT - BATH SALT - ROCK SALT

PHG INTERNATIONAL offers Black rock salt, also known as Kala Namak, is revered for its unique flavor and potential health benefits. Black rock salt, derived from the Himalayas, is also utilized in baths and saunas for its potential detoxifying properties. When added to bathwater or used in sauna sessions, it may help cleanse the skin, alleviate muscle soreness, and promote relaxation. Its unique rock form makes it a distinctive addition to wellness rituals, offering a holistic experience grounded in the ancient traditions of the region.



### KALA NAMAK - SULEMANI NAMAK

PHG INTERNATIONAL offers quality of Black Himalayan salt, also known as Kala Namak, is revered for its unique flavor and potential health benefits. Rich in minerals like sulfur and iron, it is believed to aid digestion and improve overall gut health. Commonly used in South Asian cuisine, it adds a savory, slightly sulfurous taste to dishes. Additionally, its coarse texture makes it ideal for seasoning grilled meats, salads, and savory snacks, enhancing both flavor and presentation.

*South Asian Cuisine*

# HIMALAYAN KITCHEN PRODUCTS



Himalayan kitchen products, like salt slabs and serving platters, elevate culinary experiences with their natural, mineral-rich flavor infusion and elegant presentation. Incorporating these unique slabs into meal service adds a touch of sophistication and enhances the overall dining ambiance, delighting both chefs and diners alike.



# BATH COARSE SALT



## HEALTH BENEFITS

Detoxification

Improved Circulation

Stress Relief

Exfoliation

Skin Hydration

Aromatherapy

Improved Sleep

Pain Relief

Foot Soaks

Muscle Relaxation



White Salt Powder



White Salt  
0.2~0.8mm



White Salt  
1~2mm



White Salt  
3~5mm



White Salt  
5~10mm



Pink Salt Powder



Pink Salt  
0.2~0.8mm



Pink Salt  
1~2mm



Pink Salt  
3~5mm



Pink Salt  
5~10mm



Red Salt Powder



Red Salt  
0.2~0.8mm



Red Salt  
1~2mm



Red Salt  
3~5mm



Red Salt  
5~10mm



Purple Salt Powder



Purple Salt  
0.2~0.8mm



Purple Salt  
1~2mm



Purple Salt  
3~5mm

# CONSTRUCTION PRODUCTS



Salt Bricks & Salt Sand

Relax your Mind & Body with  
Himalayan Salt Room, Sauna,  
Bath, Spa & more...





# CONSTRUCTION PRODUCTS



## PINK SALT WALL

Salt wall made up of Himalayan salt brick adds beauty to a living, office & Professional setup.



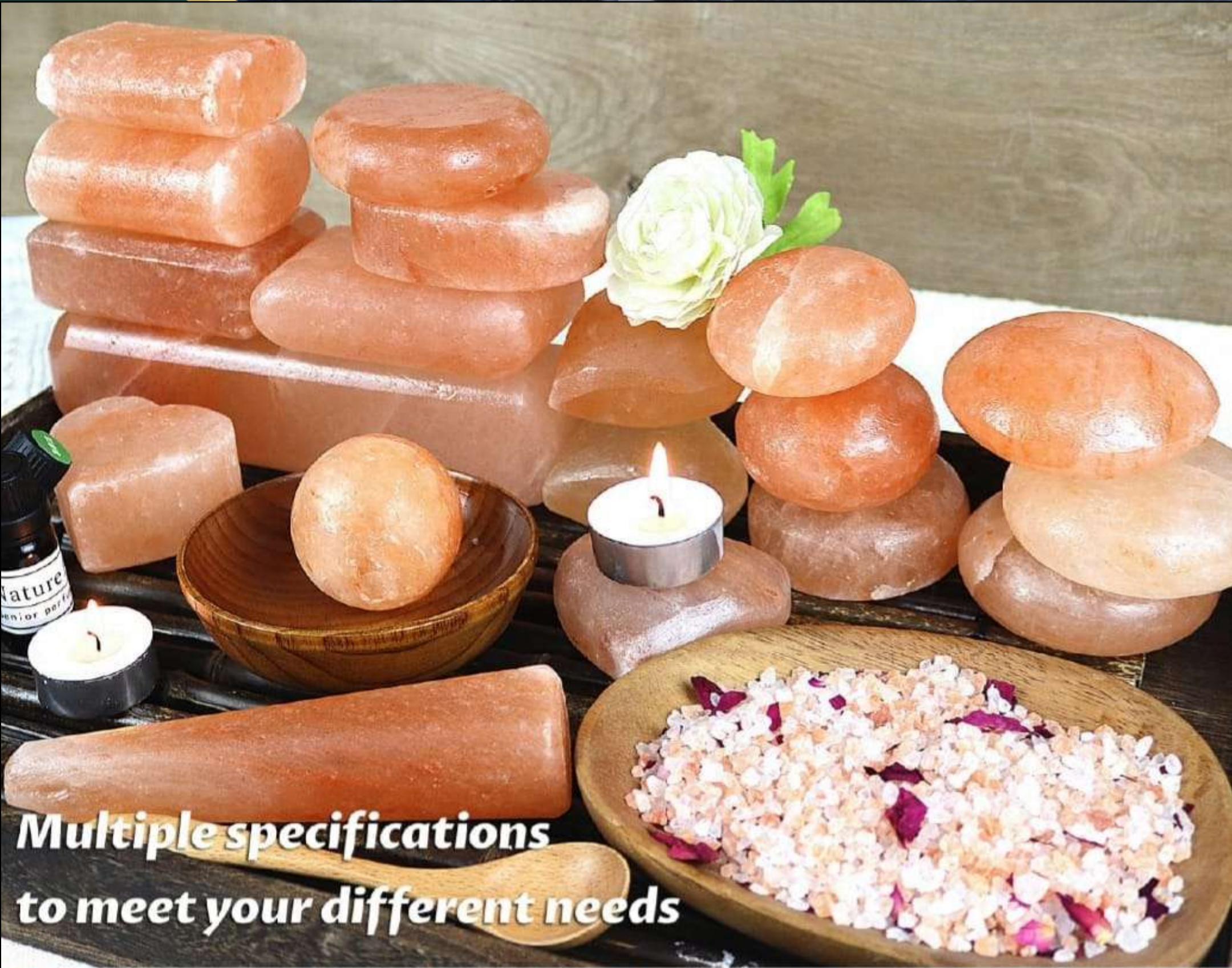
“Himalayan salt wall adds aesthetic value to your spa, home and office, but more importantly, it boosts guest health **PHG** salt provide the highest quality walls of 100% pure Himalayan crystal salt, containing 84+ naturally occurring minerals and salts to nourish and most beneficial salt ever discovered on earth”



PHG Himalayan salt bricks infuse spaces with natural beauty and wellness, enhancing environments from living rooms to spa sanctuaries with their serene presence and air-purifying properties. Integrating these bricks into construction projects elevates ambiance while promoting health and relaxation for occupants, creating spaces that resonate with tranquility and harmony.



# HIMALAYAN HEALTH & WELLNESS PRODUCTS



**Multiple specifications to meet your different needs**



**PHG International** Himalayan pink salt beauty products harness the natural power of this ancient mineral for both genders, offering a multitude of benefits for skin health, beauty, and overall wellness. Rich in minerals and trace elements, Himalayan pink salt exfoliates dead skin cells, promotes hydration, and balances pH levels, resulting in a glowing complexion for all skin types. Its antibacterial properties make it particularly effective in combating acne and other skin conditions. Additionally, its detoxifying properties aid in removing impurities, leaving the skin feeling refreshed and rejuvenated. Beyond skincare, Himalayan pink salt products also contribute to relaxation, stress reduction, and muscle recovery, making them indispensable in holistic health and wellness routines for both men and women.

# HIMALAYAN HEALTH & WELLNESS PRODUCTS



## HIMALAYAN PREMIUM QUALITY **Beauty Products**



**PHG** Fulfill your

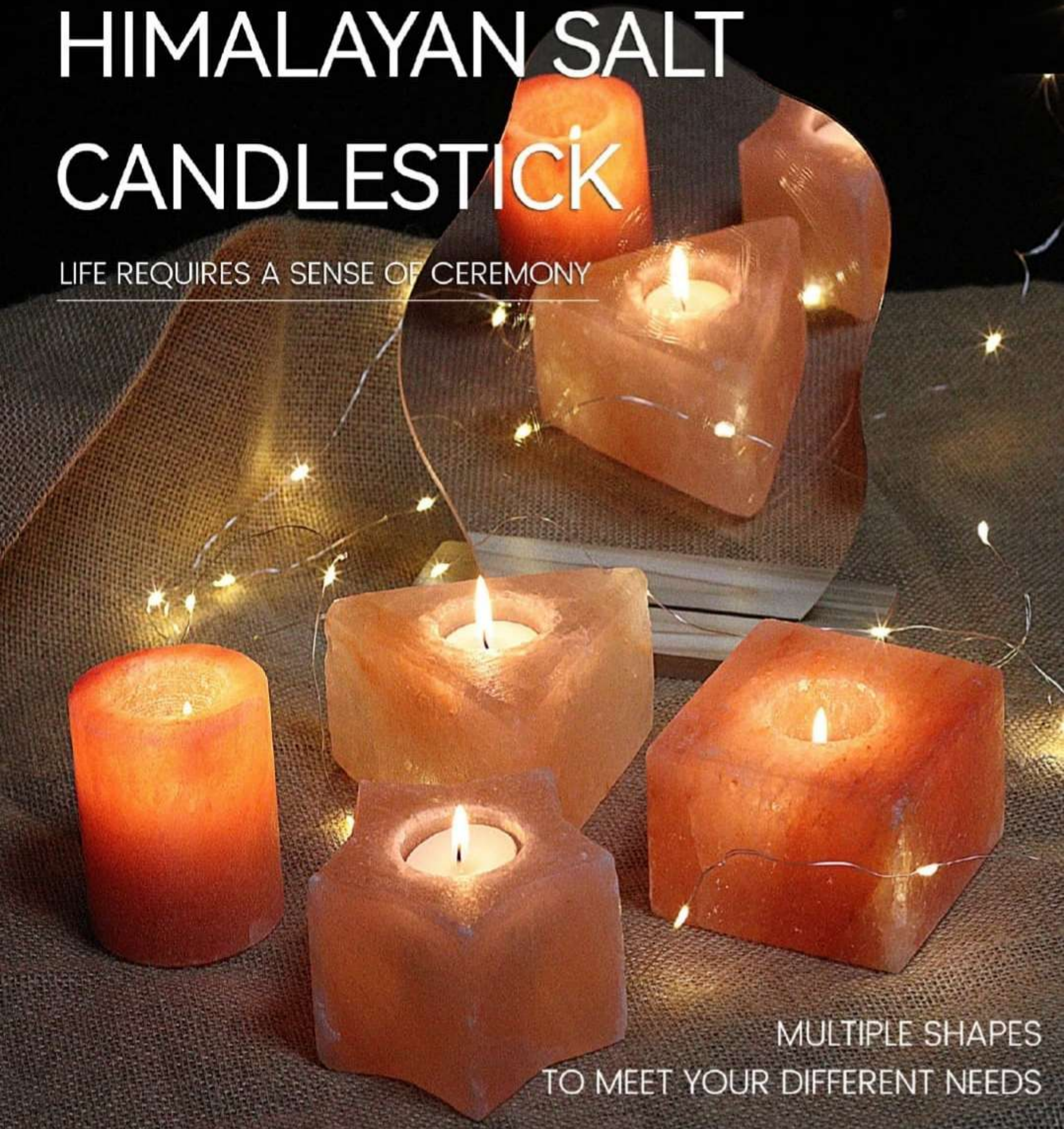
**Professional Beauty Products Need**  
with Pure Natural Himalayan Magic

# HIMALAYAN SALT CANDLE STICK



## HIMALAYAN SALT CANDLESTICK

LIFE REQUIRES A SENSE OF CEREMONY



MULTIPLE SHAPES  
TO MEET YOUR DIFFERENT NEEDS

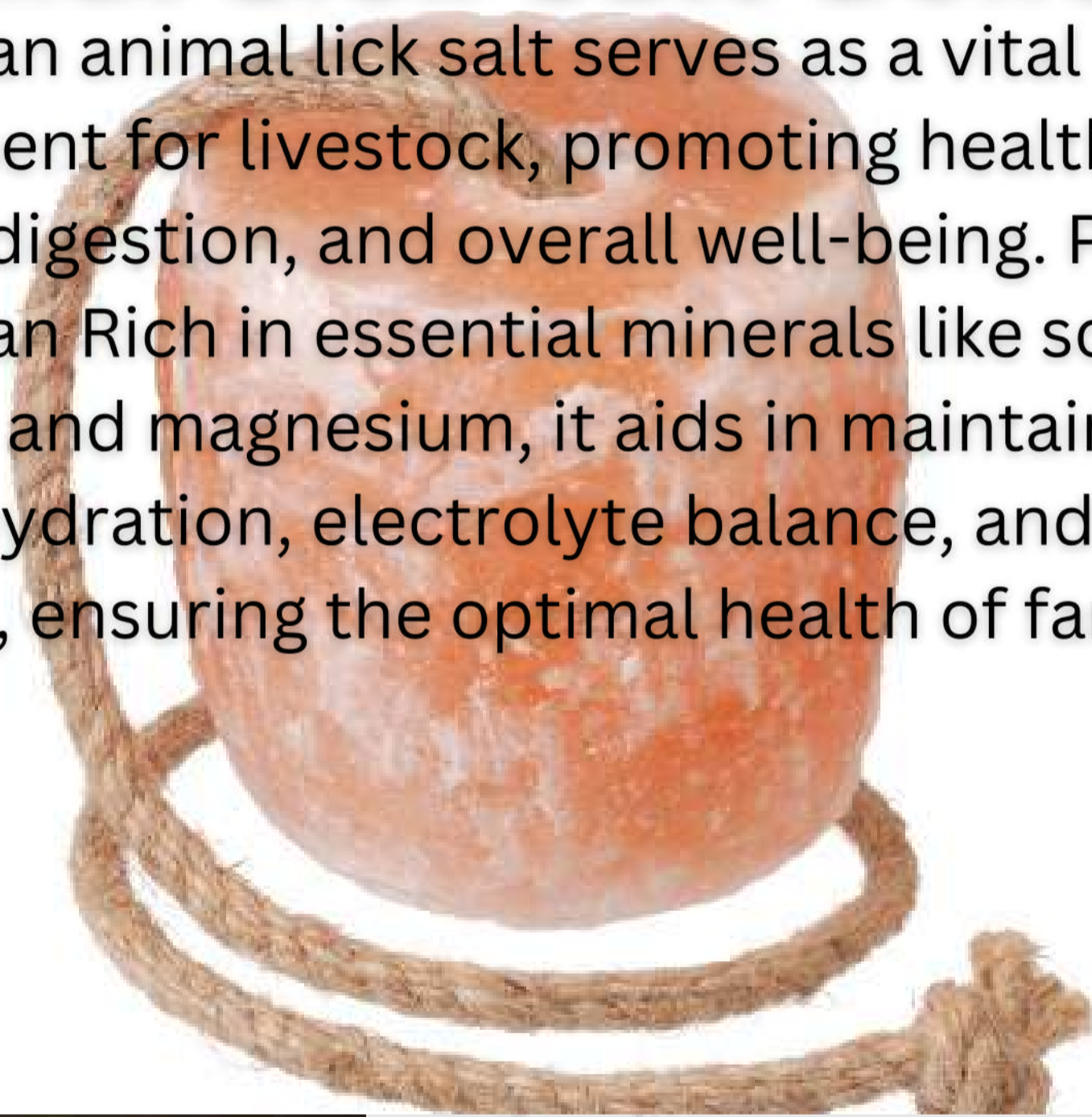


# HIMALAYAN ANIMAL SALT



## Animal Lick Salt Benefits

Himalayan animal lick salt serves as a vital mineral supplement for livestock, promoting healthy growth, digestion, and overall well-being. PHG Himalayan Rich in essential minerals like sodium, calcium, and magnesium, it aids in maintaining proper hydration, electrolyte balance, and immune function, ensuring the optimal health of farm animals.



# HIMALAYAN SALT GIANT BEAUTY DECOR



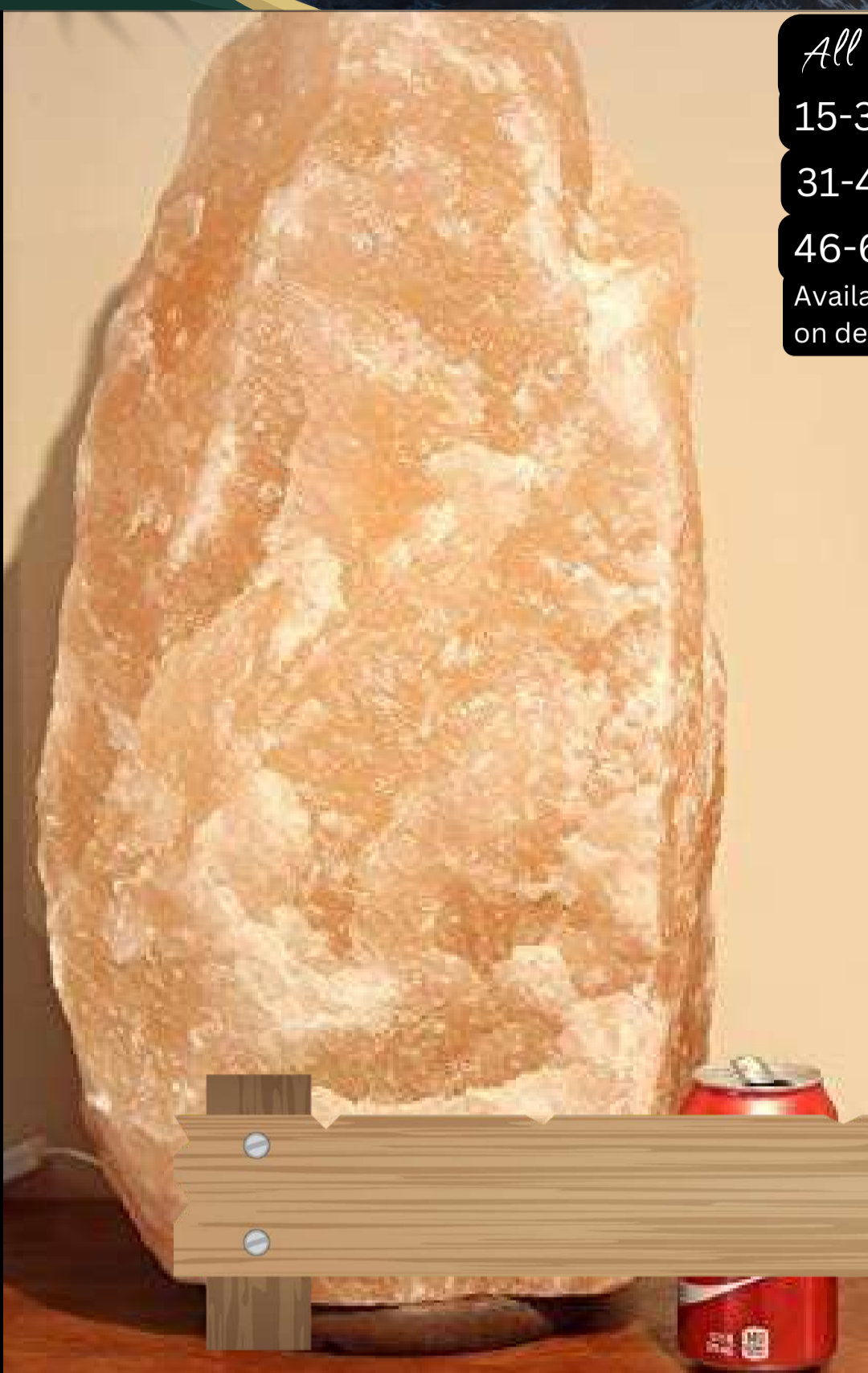
*All Sizes*

15-30 KG

31-45 KG

46-60 KG

Available more  
on demand



## GIANT SALT LAMP

- Bigger Size Natural Himalayan Salt Decoration.
- Customize Your Own Design & Get Unique World Class Piece for your Home Beauty with Himalayan Nature.

*All Sizes*

15-30 KG

31-45 KG

46-60 KG

Available more  
on demand





# CHOICE OF KINGS

*ONLY*

# PHG WINS

IN THE LAND OF SALT



**Royal Giant Piece**

**15 KG - 100 KG**

**Nature's Gift**



**PREMIUM**



Office #1 - CHK, Chakwal, Punjab, Pak  
Office #2 - GK, Rawalpindi, Punjab, Pak  
Office #3 - ABS, Deira, Dubai, UAE

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Manufacturer, Exporter &  
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